

Purple Warrior = 76 Classes



Stances:

Forward stance moving
Saddleleg stance moving
Ready
back stance moving
fighting stance

Kata:

Kata Iche set Iche
Tague I

Terms:

Sensei
Dojo
Hajime
Yame
Yoight
Kia
Counting to 10 in Japanese
karate
Ghi

Mat Work:

Falling ability
Forward roll
shoulder roll
Bear Hug Escape
Front Sweep
Head Lock Escape

Blocks 1-7, Hand Techniques 1-10, Foot Techniques 1-5

Name the 8 basics

7 Front, Side, and Back Attacks

****Must have earned exercise, listening, respect, stretching, falling, attention, cooperation blocks, discipline, balance, strikes, stances, memory, kicks, coordination patches**