

NOTE TO OBSERVERS: SPECTATORS ARE NOT ALLOWED ON THE PRACTICE AREA DURING CLASS. If you must speak to an instructor or student, please get their attention first and someone will come to you, but for your own safety as well as the students, do not walk onto the practice area during class.

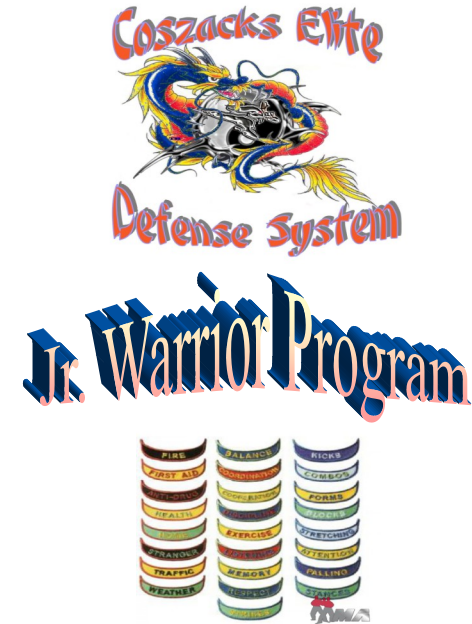
NOTE TO STUDENTS: Promotions are based on completion of a minimum number of classes and time. Therefore depending upon the individual student and their class participation and attendance, time periods between promotions may vary from student to student. Students must be evaluated by a Black Belt in order to schedule a promotion.

BELT PROMOTION FEES: (In addition to Instruction fees) All Jr. Warrior Promotions will cost \$15 and will be carried out individually with one of the black belt instructors during class time. Purple and Brown Warrior promotions will be done in front of the group.

OUR JR. WARRIOR RANKING SYSTEM

1. WHITE WARRIOR - NOVICE/BEGINNER
2. YELLOW WARRIOR - (MIN 12 CLASSES)
3. ORANGE WARRIOR - (MIN 28 CLASSES)
4. GREEN WARRIOR - (MIN 44 CLASSES)
5. BLUE WARRIOR - (MIN 60 CLASSES)
6. PURPLE WARRIOR - (MIN 76 CLASSES)
7. BROWN WARRIOR - (MIN 92 CLASSES)

**Brown Warrior is the equivalent of Solid Orange in our elite class. After this promotion, the student is eligible for integration into the elite class at the discretion of Master Seward.



Martial Arts for Younger Students
Master Brad Seward
5th degree Black Belt Instructor

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Black Belt Instructors: Sensei Bob Hall, Sensei Doug Ross, Sensei Greg Williams, Sensei Dakota Burtnett, Sensei Luke Kozlowski, Sensei Foulan Sheppard

ABOUT THE CLUB:: The Jr. Warrior program will be a martial arts class that is less intensive than the Elite class and geared towards fun learning for beginning students. Along with the common blocks, punches and kicks you would find in a martial arts class, Jr. Warriors will also learn other important character building attributes such as; exercise, respect, stretching, attention, cooperation, discipline, balance, memory, coordination and friendship. The system will follow a regimented learning program which will allow for testing/evaluation of the student in four month intervals (16 classes between promotions). Every student will begin with a new white uniform with a white belt and a Coszacks Elite Defense System patch (only available to Coszacks Students). After completing the minimum 16 class intervals, the student will be cleared to take their next belt promotion with an instructor. The students will earn new white belts with colored stripes that follow our Elite promotion curriculum. The student will progress from white warrior through yellow, orange, green, blue, purple and brown warrior ranks. Class attendance and participation are a necessity for promotion. Between belt tests, the students will earn different crescent patches that can be attached to their uniform. Three patches will be earned between belt tests and will be given to the student by Master Seward.

REMEMBER!!!!!! Modern day Martial Arts are not only practiced for self-defense, but are also practiced as sport, physical and mental conditioners, used to build character. We strive to help students develop their own personal Self-Control, Confidence, & peace of mind.

ABOUT THE MASTER INSTRUCTOR

Master Brad M. Seward is a 5th Degree Black Belt Instructor. He was able to earn his first degree black belt in only 19 months.. Master Seward has been teaching in both the school setting and has been teaching private lessons in his home dojo. He, along with Sensei Bob Hall, developed the AWARE (A Woman's Active Response Education, www.awareforwomen.com) program, exclusively for women. He has competed in many tournaments at both the Black Belt Level and under Black Belt level. Seward has won many grand champion and season champion awards in kata, weapons kata, kumite and padded weapons. He has been a promoter in the UPMAC tournament circuit as well as a coach for Team Ohio Martial Artists. He has a strong passion for learning, practicing and teaching martial arts. His passion for the style, the art and the advancement of his students is evident in his teaching. Master Seward believes in constantly learning and evolving a style to keep up with the modern day. After partnering with Master Chuck Chirdon and earning his 5th Degree Black Belt in Tae Kwon Do. Master Seward founded the Coszacks Elite Defense System. In 2015 Master Seward earned his 5th Degree Black Belt in Karate from the US Alliance. In 2014 and 2015 Master Seward was inducted into the USA Martial Arts Hall of Fame as the Self Defense Instructor of the Year and as System of the Year.

ABOUT THE CLASSES:: For all students ages 4-8 (Older students will attend the Elite Class and students will advance and “age out” into the Elite Class.

LOCATION:: Tri Valley Fitness Center, 35 Muskingum Avenue Dresden

DAY & TIME:: Tuesdays = 6:00-6:45

Arrive a few minutes early so that we can start class promptly at scheduled time. (Always check calendar on website or call for updates).

CLOTHING:: All Jr. Warriors are expected to wear their White Uniform and belt. If they have not gotten their uniform yet, white pants and t-shirt are sufficient.

FEEES FOR INSTRUCTION

REGISTRATION FEE:: \$50 Per Student (Includes White Uniform)

PER SESSION:: Only \$5 per Class

PAY IN ADVANCE:: \$45 for 10 Classes (one free class)

NOTE: Students are only charged for classes they attend.

UNIFORM PATCHES:: The cost of the uniform patches is covered in the price of each belt test. The \$15 belt test fee covers the students next warrior level belt as well as the next three patches required to reach the next belt level. Three patches will be earned between belt ranks. The following patches are earned in the following order: exercise, listening, respect, stretching, falling, attention, cooperation, blocks, discipline, balance, strikes, stances, memory, kicks, coordination, combos, forms and future black belt.

- Once a Jr. Warrior graduates to the Elite Class, they will be permitted to transfer their patches to their Coszacks Elite Uniform if they choose to do so.
- No other patches will be added to a students uniform unless approved by Master Seward.